



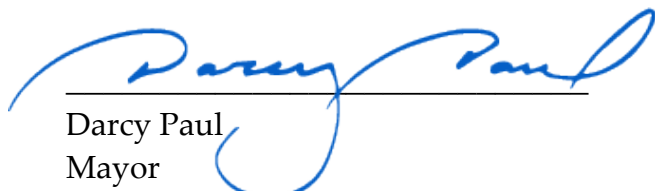
Proclamation

- WHEREAS,** The City of Cupertino wishes to recognize the Hindu Swayamsevak Sangh (HSS) and its annual Health for Humanity Yogathon campaign, held from January 16 to January 31 this year;
- WHEREAS,** HSS is a nonprofit organization focused on the importance and education of a healthy lifestyle, community service, character building, and more;
- WHEREAS,** HSS launched the Health for Humanity Yogathon in 2007 to create awareness about the ancient Hindu practice of yoga to promote the spiritual, mental, and physical wellbeing of all Americans;
- WHEREAS,** The Health for Humanity Yogathon invites everyone to participate and achieve healthy lifestyles regardless of their backgrounds, with a goal of 1,000 individuals collectively completing 11,000 repetitions of Surya Namaskara (Sun Salutation);
- WHEREAS,** The City Council recognizes that this campaign comes at a time when it is especially important for all persons to focus on good physical and mental health as we continue to navigate this challenging COVID-19 pandemic.
- THEREFORE,** I, Mayor Darcy Paul, and the Cupertino City Council do hereby join HSS to Proclaim our support of the annual

Health for Humanity Yogathon

and thank the local Cupertino Chapter of HSS for its continued efforts in preserving and promoting ancient heritage and cultural values in our community, while also encouraging a healthy, creative, and therapeutic lifestyle in the City of Cupertino.

IN WITNESS THEREOF, I have hereunto set my hand and caused the seal of the City of Cupertino to be affixed this Tuesday, January Nineteenth, Two Thousand and Twenty One.


Darcy Paul
Mayor