

#### PARKS AND RECREATION DEPARTMENT

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#### PARKS AND RECREATION COMMISSION STAFF REPORT

Meeting: October 3, 2019

## **Subject**

Receive a presentation on the second Bobateeno youth and teen event.

#### Recommended Action

Receive a presentation on the second Bobateeno youth and teen event.

### Discussion

The second year of Bobateeno was hosted this past Saturday, September 21st at the Cupertino Civic Center. This was the second collaboration between the Teen Commission, the Youth Activity Board, and the Parks and Recreation Department. Over 600 teens enjoyed boba while connecting with valuable wellness and school resources such as Innovation Launchpad, MVHS Bring Change 2 Mind, Code this, MVHS GSA, the 'You Are' Art Collective, the Cupertino Sports Center, and the Safe Routes to School program. Improvements to this year included moving the event to a more centralized location, adding a passport which required teens to visit five booths, and included more school-oriented resources.

An additional goal of this year's event was to connect attendees with the value of outdoor recreation and socialization. In order to meet this objective, City staff organized mobile recreation activities which included ping-pong, table tennis, giant Jenga, connect 4. The newest additions of volleyball, badminton, and slackline were well-received and saw continuous use throughout the event. This is the latest staff effort in helping supplement young adult development by having teens experience firsthand the intrinsic value of an active lifestyle and social recreation.

The 2019/2020 City Council Work Plan includes an item is to engage youth and teens in the community through recreation programming with the goal of empowering youth and improving mental health. Cupertino teens experience a high level of stress related to academic and life pressures and as a result, the Parks and Recreation Commission has asked for periodic updates from staff.

Staff, along with the Teen Commission and Youth Advisory Board have undertaken several activities and initiatives to introduce novel recreation experiences to teens to decrease stress. The Bobateeno event as well as the hackathon events, Cupertino Café

(spring study & recreation opportunities), and a recent renovation of the teen center focus on meeting this goal. The Youth Activity Board (YAB) was formed in January 2019 to assist staff to provide stress reducing events and activities.

# Sustainability Impact

No sustainability impacts.

## Fiscal Impact

No fiscal impact.

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