

# CITY OF CUPERTINO RECREATION & COMMUNITY SERVICES DEPARTMENT

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To: City Council

From: Teen Commission

Date: November 22<sup>nd</sup>, 2017

**Subject:** 2017-2018 Cupertino Teen Commission Work Plan

This document describes the projects and events the Cupertino Teen Commission is planning to work on or complete during the 2017-2018 term. Projects may change throughout the course of the year depending on community need or a redirection of commission priorities.

#### I. Social Host Ordinance

Work with City staff on a Social Host Ordinance for the City of Cupertino. Upon final review, a recommendation will be made to the Cupertino City Council regarding City adoption.

# II. Teen Workshops

Create a Teen Workshop Program where teens, volunteers, or other individuals can lead workshops for teens. This program is intended to give teens the opportunity to share knowledge with other teens and to learn about new skills or topics. Workshops will be held at the Cupertino Teen Center.

## III. City of Cupertino & FUHSD Communication Bridge

The Teen Commission would like to further develop the positive relationship between the City of Cupertino and FUHSD by working with the necessary individuals to bring City services to teens and high school communities. The Teen Commission has identified a message disconnect between services offered by the City of Cupertino and FUHSD, and they would like to investigate ways to bring awareness of the City's services to students through school websites, announcements, emails from school staff, and, most importantly, a dedicated section on the School Loop portal. This would work in tandem with section IV, "Addressing Teen Stress".

## IV. Addressing Teen Stress

In recent years, teen stress and anxiety levels have become more prevalent and this alarming trend will continue to rise. Cupertino teens have not been exempt and are experiencing increased levels of stress and lack of sleep which can lead to impaired mental and physical health. The Teen Commission will be discussing ways to bring awareness to this widespread issue affecting Silicon Valley teens. As a kick-off, the Teen Commission will be presenting at the Public Commission's Public Safety Forum on Thursday, November 16<sup>th</sup>.

#### V. YES Conference

For the third year in a row, the Teen Commission plans on attending the Youth for Environment and Sustainability Conference. The conference allows teens to learn from other teens on ways to collaborate and share ideas on sustainability and climate solutions. In 2018 the conference will be held on Saturday, February 24<sup>th</sup> at Laney College in Oakland.

### VI. YAC Attack

Staff from the City of Cupertino's Recreation & Community Services
Department and the Youth and Teens Recreation Services (YTRS) group have
partnered up to coordinate the YAC Attack, a biennial teen leadership
Conference that focuses on empowering youth/teens to promote change by:
1) encouraging greater involvement within their local municipal government,
2) developing positive youth and teen special events and programs in their
community, and 3) learning about youth and teen specific health and wellness
issues. The event is scheduled for March 10<sup>th</sup>, 2018 and it will be the first time
the City of Cupertino is hosting and coordinating the event. The Teen
Commission is excited to engage in outreach to local teens about the
opportunity and to attend this conference.

# VII. < hack> Cupertino 2018

The Teen Commission is looking forward to partnering with Cupertino's Recreation and Community Services Department for the second year to organize <hack> Cupertino 2018. We plan on making improvements to last year's event and bringing in more participants. The event is scheduled for Saturday, April 14<sup>th</sup> to Sunday, April 15<sup>th</sup>.

# VIII. Teen Center Outreach

The Teen Commission will continue working with Cupertino Recreation staff on doing outreach for the Cupertino Teen Center and making suggestions on facility improvements. The goal is to make the Teen Center a destination for teens to study, socialize, and de-stress.

#### IX. Teen Commission Outreach

The Teen Commission would like to continue preserving and expanding their connection with the community, and spread awareness of the Teen Commission's purpose. In addition to making positive change with the above items, the Teen Commission will be volunteering at the following events:

- Tree Lighting Event hosted by Cupertino Recreation & Community Services
- Gift of Hope hosted by West Valley Community Services