



RECREATION AND COMMUNITY SERVICES DEPARTMENT

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To: City Council
From: Teen Commission
Date: November 7, 2018
Subject: 2018-2019 Cupertino Teen Commission Work Plan

This document describes the projects the Cupertino Teen Commission is planning to focus on during the 2018-2019 term. Each project is assigned one of more the following categories: Teen Mental Health, Youth Involvement, Teen Commission Outreach and Involvement. Projects may change throughout the course of the year depending on community need or a redirection of commission priorities.

Categories

Teen Mental Health

In recent years, teen stress and anxiety levels have become increasingly prevalent in the Silicon Valley and it appears this alarming trend will continue to rise. Cupertino teens have not been exempt and are experiencing varying levels of stress and anxiety which stem from academic and societal pressures. The Teen Commission is aware this is a multi-faceted issue, but is making efforts within their scope to be staunch advocates of promoting wellness in youth and teens.

Teen Commission Outreach & Involvement

The Teen Commission would like to continue preserving and expanding their connection with the community, spread awareness of the Teen Commission's purpose, and collaborate with partners to fulfill their community duties. To this end, the Commission is devoted to partnering with City staff, City commissions, and outside organizations to make lasting connections and resolve issues important to youth and teens.

Youth Involvement

The Teen Commission is focused on getting teens more involved in their community in different ways. Projects which fall under this category will utilize the passion and resourcefulness of youth to serve the Cupertino community.

Projects

I. Teen Workshops

Continue the work with the Teen Workshop Program where teen volunteers may lead workshops for their fellow youth and teens. This program is intended to give teens the opportunity to share knowledge with their peers and to learn about new skills or topics. Workshops will be held at the Cupertino Teen Center.

Categories: Youth Involvement

II. City of Cupertino & FUHSD Communication Bridge

The Teen Commission would like to further develop the positive relationship between the City of Cupertino and FUHSD by working with the necessary individuals to bring City services to teens and high school communities. The Teen Commission has identified a message disconnect between services offered by the City of Cupertino and FUHSD, and they would like to investigate ways to bring awareness of the City's services to students through school websites, announcements, emails from school staff, and other methods

2018-2019 Update: The Teen Commission has met with key administrative staff in FUHSD and will be working together to build this essential connection by collaborating with the FUHSD Intradistrict Council (IDC).

Categories: Teen Commission Outreach and Involvement, Teen Mental Health

III. Bobatino

On September 15, 2019 the Commission, in collaboration with the Recreation Department and the Mayor's Office hosted Bobatino, a youth and teen event which provided Cupertino students ages 12-18 a platform to socialize with friends and enjoy a day out with various activities while drinking free milk tea. Bobatino was presented as a way for teens to have a respite from daily stresses and discover mental health resources.

Categories: Teen Mental Health, Teen Commission Outreach and Involvement

IV. Pizza and Politics 2018

On October 19, 2018, the Cupertino Teen Commission partnered with the Youth Commissions of the City of Saratoga and Campbell to host Pizza and Politics, a political forum for teens. The purpose of the event is to inspire political involvement in youth and interact directly with local representatives to discuss issues that are important to them.

Categories: Teen Commission Outreach and Involvement, Youth Involvement

V. <hack> Cupertino 2019

The Teen Commission is looking forward to partnering with Cupertino's Recreation and Community Services Department for the third year to organize <hack> Cupertino 2019. We plan on making improvements to last year's event and bringing in more participants.

Categories: Teen Commission Outreach and Involvement, Teen Mental Health

VI. Creation of Youth Activity Board

In an effort to focus on higher level City-wide issues, the Cupertino Teen Commission worked with Recreation staff to develop the Cupertino Youth Activity Board (YAB), a youth leadership group who would focus on organizing events for youth and teens. The board would consist of 11 members and they would meet with recreation staff to develop activities with the goals of getting teens to provide enjoyment, de-stress, and socialize. The YAB would collaborate with the Teen Commission on identifying activities which would be fun for youth and teens.

Categories: Youth Involvement, Teen Mental Health

VII. Reviewing proposed laws and issues relating to youth and teens

The Teen Commission would like to begin focusing on local issues and state laws which may be of interest to current youth and the future of Cupertino. If there are any topics which the Commission would like to advocate for, they will be working with staff on bringing the issue to City Council meetings.

Categories: Teen Commission Involvement and Outreach

VIII. City Commission Outreach

The Teen Commission would like to discover ways to collaborate with their other City commissions. Preliminary efforts include signing up to attend the different commission meetings and report back during regular meetings.

Categories: Teen Commission Involvement and Outreach

IX. Support Youth and Teen Services

The Teen Commission will continue supporting the programming coming out of the Youth and Teen Services programs in the Recreation Department by providing feedback, promoting the programs, and volunteering wherever possible.

Categories: Teen Commission Involvement and Outreach