



RECREATION AND COMMUNITY SERVICES DEPARTMENT
QUINLAN COMMUNITY CENTER
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CITY COUNCIL STAFF REPORT

Meeting: September 6, 2016

Subject

Execute a lease agreement with Self-Help for the Elderly for use of the Creekside Park Building for the period of September 12, 2016 – December 31, 2016.

Recommended Action

Authorize the City Manager to execute a lease agreement with Self-Help for the Elderly for use of the Creekside Park Building for the period of September 12, 2016 – December 31, 2016.

Description

Self-Help for the Elderly is a senior assistance program that provides nutrition, meal, and wellness programs for members of the community ages 60 and up. The local program is currently operating out of the Good Shepherd Christian Community Church at 940 South Stelling Rd., Cupertino, CA. However, in the coming school year, the congregation will be utilizing the site for a school program and therefore Self-Help is in need of a new location. Creekside Park is being proposed as a location to continue this service from September 2016 - December 31, 2016 with the option to extend longer if both parties wish to continue the lease agreement.

Discussion

Self-Help for the Elderly has partnered with the County of Santa Clara to provide meals to Cupertino seniors since April 2001. During FY2015-2016, this program served 60 meals daily, Monday-Friday, for a total of 250 days. Approximately 100 seniors take part in this meal service at least once per week with many of them eating lunch multiple times per week.

In addition to nutritional benefits and the socialization inherent in dining together, weekly activities will include Tai Chi, exercise, English classes, naturalization preparation, karaoke, and monthly blood pressure screening.

The nutrition program is non-exclusive and is available to anyone in the community ages 60 and up. In addition to their current participants, the program will be offered as an additional service to participants of the Cupertino Senior Center and clients enrolled in

our Case Management program. During the 2015-16 fiscal year, Self-Help for the Elderly provided service to 166 Cupertino residents (per Attachment B).

This program will utilize the facility during a time period when it is typically not in use (Monday-Friday, 8:30am – 2:00pm), which will increase activity on the premises without impacting the ongoing afterschool and weekend activities.

Fiscal Impact

The facility will be leased to Self-Help for the Elderly at a rate of \$930 per month (excluding June, July and August due to ongoing summer programs), generating \$8,370 in revenue annually.

Prepared by: Dave Jahns, Recreation Supervisor

Reviewed by: Christine Hanel, Acting Director of Recreation and Community Services

Approved for Submission by: David Brandt, City Manager

Attachments:

A-Draft Lease Agreement

B- Self-Help for Elderly Clients Distribution Chart 2015-16