

CHILDREN'S OUTDOOR BILL OF RIGHTS

8/4/2022



Michelle Wexler, Program Manager Jorgue Lopez, Student Intern

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What is a Children's Outdoor Bill of Rights

A list of nature-based activities or experiences that every child would benefit from

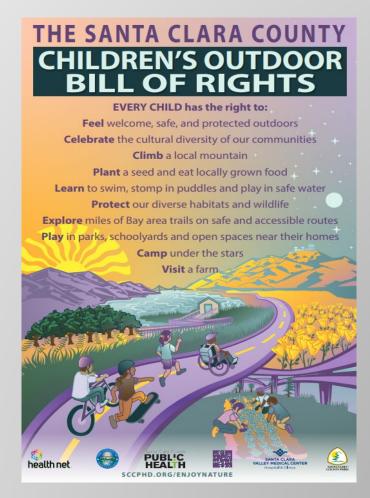
Celebrates
our unique
history,
culture,
diversity and
natural
resources

Reflects the needs, priorities and assets of our county and of our community

Making equitable nature access a County priority

Santa Clara County Children's Outdoor Bill of Rights







Why Did We Adopt a Children's Outdoor Bill of Rights

- Green space inequities
- Being outdoors allows children to be active and more emotionally stable
- Children who are exposed to green spaces have greater cognitive functioning
- Children who interact with nature are more likely to address stress in a healthy manner
- Being outdoors reduces the chances of mental illness



What Are We Asking Of Cities

- Cities adopt the Children's Outdoor Bill of Rights
- Identify 2-3 actions over the next 18 months that can be taken to ensure access for all children to engage in the Bill of Rights tenets.



What Are We Asking of Cities

Youth Commissions
 provide input
 on opportunities available
 in their city to engage
 youth

Support efforts to promote in your City.



Activities for Consideration



Ten-Minute Walk to the Park

Staff and Volunteer Positions

Transportation to parks

Library-Park partnerships

Green Career Pathways

Resource Hubs **Green Schoolyards**

Nature Features in Parks

Nature Focused Summer Camps

Seed Programs

Family Nature Clubs

Equity Zone Mapping

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Questions?

- For more information:
 - Jorgue Jorgue.Lopez@PHD.SCCGOV.org
 - Olivia Olivia.Nunez@PHD.SCCGOV.org
 - Michelle Michelle.Wexler@PHD.SCCGOV.org

Santa Clara County PUBLIC HEALTH

Great Things Start with Good Health