



CHILDREN'S OUTDOOR BILL OF RIGHTS

8/4/2022

Santa Clara County
**PUBLIC
HEALTH**

Michelle Wexler, Program Manager
Jorgue Lopez, Student Intern

© 2013 Santa Clara County Public Health Department
The Public Health Department is owned and operated by the County of Santa Clara

What is a Children's Outdoor Bill of Rights

2

A list of nature-based activities or experiences that every child would benefit from

Celebrates our unique history, culture, diversity and natural resources

Reflects the needs, priorities and assets of our county and of our community

Making equitable nature access a County priority

Santa Clara County Children's Outdoor Bill of Rights

Declaración de Derechos al Aire Libre de los Niños DEL CONDADO DE SANTA CLARA

CADA NIÑO tiene derecho a:

- Sentirse bienvenido, seguro y protegido al aire libre
- Celebrar la diversidad de culturas de nuestras comunidades
- Escalar una montaña local
- Plantar una semilla y comer alimentos cultivados localmente
- Aprender a nadar, pisar charcos, y jugar en aguas limpias
- Proteger nuestros diversos hábitats y su vida silvestre
- Explorar millas de senderos del área de la Bahía en rutas seguras y accesibles
- Jugar en parques, patios escolares y espacios abiertos cerca de sus hogares
- Acampar bajo las estrellas
- Visitar una granja






healthnet PUBLIC HEALTH SANTA CLARA VALLEY MEDICAL CENTER Santa Clara County Parks


SCCPHD.ORG/ENJOYNATURE

THE SANTA CLARA COUNTY CHILDREN'S OUTDOOR BILL OF RIGHTS

EVERY CHILD has the right to:

- Feel welcome, safe, and protected outdoors
- Celebrate the cultural diversity of our communities
- Climb a local mountain
- Plant a seed and eat locally grown food
- Learn to swim, stomp in puddles and play in safe water
- Protect our diverse habitats and wildlife
- Explore miles of Bay area trails on safe and accessible routes
- Play in parks, schoolyards and open spaces near their homes
- Camp under the stars
- Visit a farm





healthnet PUBLIC HEALTH SANTA CLARA VALLEY MEDICAL CENTER Santa Clara County Parks

SCCPHD.ORG/ENJOYNATURE

QUẬN SANTA CLARA NHỮNG QUYỀN LỢI CHƠI NGOÀI TRỜI CỦA TRẺ EM

MỖI TRẺ EM có quyền:

- Cảm thấy thoải mái, an toàn, và được bảo vệ khi sinh hoạt ngoài trời
- Chào mừng những truyền thống văn hóa đa dạng của các cộng đồng
- Leo núi tại địa phương
- Gieo hạt giống, ăn những thức ăn được trồng tại địa phương
- Học bơi lội, dậm chân trong bùn, và chơi đùa trong nguồn nước một cách an toàn
- Bảo vệ môi trường sống đa dạng của các động thực vật hoang dã
- Khám phá những đường mòn dài hàng dặm đường trong Vùng vịnh, qua các lối đi an toàn và có thể đi được;
- Chơi đùa trong các công viên, sân trường, và các bãi đất trống gần nhà
- Cắm trại ngoài trời dưới các vì sao
- Viếng thăm các nông trại





healthnet PUBLIC HEALTH SANTA CLARA VALLEY MEDICAL CENTER Santa Clara County Parks

SCCPHD.ORG/ENJOYNATURE

Why Did We Adopt a Children's Outdoor Bill of Rights

4

- Green space inequities
- Being outdoors allows children to be active and more emotionally stable
- Children who are exposed to green spaces have greater cognitive functioning
- Children who interact with nature are more likely to address stress in a healthy manner
- Being outdoors reduces the chances of mental illness



What Are We Asking Of Cities

5

- Cities adopt the Children's Outdoor Bill of Rights
- Identify 2-3 actions over the next 18 months that can be taken to ensure access for all children to engage in the Bill of Rights tenets.



What Are We Asking of Cities

6

- Youth Commissions provide input on opportunities available in their city to engage youth
- Support efforts to promote in your City.



Activities for Consideration



**Ten-Minute
Walk to the
Park**

**Green
Schoolyards**

**Staff and
Volunteer
Positions**

**Nature
Features
in Parks**

**Transportation
to parks**

**Nature Focused
Summer Camps**

**Library-Park
partnerships**

**Seed
Programs**

**Green Career
Pathways**

**Family Nature
Clubs**

**Resource
Hubs**

**Equity Zone
Mapping**

Questions?

8

- For more information:
 - Jorgue – Jorgue.Lopez@PHD.SCCGOV.org
 - Olivia – Olivia.Nunez@PHD.SCCGOV.org
 - Michelle – Michelle.Wexler@PHD.SCCGOV.org

A stylized graphic on the left side of the image, composed of a white circle at the top, a white vertical bar in the middle, and two grey vertical bars at the bottom, resembling a person with arms raised.

Santa Clara County **PUBLIC** **HEALTH**

A horizontal bar spanning the width of the image, divided into three colored segments: blue on the left, green in the middle, and orange on the right.

Great Things Start with Good Health