

PRC Meeting

May 1, 2025

Desk Items

Item #4

Commissioner Discussion
on Senior Services

Cupertino City Senior Citizen Programs & Opportunities

Existing Programs

- Become a member or volunteer at the Cupertino Senior Center to contribute to and benefit from our welcoming 50+ community.
 - Discounts on classes and programs,
 - Free educational lectures,
 - Access to social groups, etc.
- Volunteers play a pivotal role in creating a positive, healthy, and connected environment, with opportunities ranging from behind-the-scenes work to teaching courses and community outreach.



Current Programs



- Classes & Socials
- Events



**Live Well Age Well
Health Expo**



Disco at Dusk



**Senior Center
Open House**



**50+ Golf
Tournament**



Hidden Treasures



Holidays in Hawaii



**Holiday Sing-
along**

Objectives

- Explore what are the additional wants and needs of the Senior Citizens of Cupertino
- Why are these beneficial to the Seniors of Cupertino
- Provide **recommendations**

Process Timeline

- Sub-committee of two Commissioners
 - Engage with Seniors and others
- Provide report by the end of August 2025 with findings and recommendations