

PSC 07-09-2026

#3

American Foundation for
Suicide Prevention
presentation on the Talk Saves
Lives program

Presentations



An Introduction to Suicide Prevention

afsp.org/TalkSavesLives



American
Foundation
for Suicide
Prevention

Program Background

Suicide can be prevented. Everyone has a role in preventing suicide.

- Suicide is a major public health issue in the United States
- Millions of people think about suicide every year
- Over a million people attempt suicide every year
- Nearly 50,000 people die by suicide every year

**Talk Saves Lives
was developed
and launched
in 2015**

**Talk Saves Lives
was revamped
and redesigned in
2024 with input from
diverse audiences,
presenters, volunteers,
staff, and those with
lived experience**



Learning Objectives

- Describe the impact of suicide
- Identify contributors to suicide and protective factors
- Understand how suicide may impact certain communities differently
- Describe how to recognize suicide warning signs
- Provide examples of how to start a conversation about suicide with someone you're concerned about
- List ways to seek and offer support and crisis resources for yourself and others



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The Delivery

Audience members will leave with handouts and resources to take home and put what they learned into action

The program can be delivered in person or virtually on a platform like Zoom

Trained staff and volunteers deliver the program

The program is 1 hour



Who is Talk Saves Lives for?

Talk Saves Lives can be customized for specific audiences such as workplaces, LGBTQ+ communities, firearm owners, rural communities, health care workers, and more!

- Community members, employees, faith groups, college students, educators, business owners
- Anyone (over the age of 18) who is interested in saving lives through suicide prevention



Where can Talk Saves Lives be presented?

Anywhere groups (over the age of 18) are interested in learning about suicide prevention!

- Workplaces
- Organizations
- Faith-based communities
- Colleges/Universities
- Community centers
- Mental health centers
- Local businesses



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Program Data to Date

After attending the presentation:

- **93%** reported gains in new knowledge
- **93%** feel confident in their ability to recognize suicide warning signs
- **86%** feel comfortable helping a loved one who might be struggling or having thoughts of suicide
- **98%** would recommend the Talk Saves Lives presentation to others

Reach data: Tracker 2020-Nov 2024, * Includes all TSL except Latinx
Outcome: TSL NEW Feedback Survey, Aug -Nov 2024
Data accessed on 11/18/2024

Between
January 2020 and
November 19th, 2024,
the Talk Saves Lives*
presentation reached
173,000+
individuals



Program Data to Date

Respondents reported greater likelihood to take action.

- **29% increase** in likelihood to reach out to crisis services
- **18% increase** in likelihood to seek help when struggling
- **15% increase** in likelihood to talk to someone they are concerned about

Reach data: Tracker 2020-Nov 2024, * Includes all TSL except Latinx
Outcome: TSL NEW Feedback Survey, Aug -Nov 2024
Data accessed on 11/18/2024



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The program is successful in showing how easy it is for you to **make a difference** to someone suffering.

I thought the program did a good job of giving examples on how to **start a conversation** about suicide.



***Talk Saves Lives* is a part of the Suicide Prevention Resource Center's Best Practices Registry**

Programs listed on the Best Practices Registry have been reviewed by suicide prevention experts to ensure that they align with current suicide prevention best practices, national frameworks, and community-informed approaches.

Learn more about the registry at bpr.sprc.org.



Bring Talk Saves Lives to your community!

Reach out to your local Chapter at afsp.org/chapters
to request a presentation in person or virtually, or to
inquire about becoming a trained presenter to deliver
the program yourself.

We look forward to collaborating with you!

**Greater San Francisco Bay Area Chapter
email**

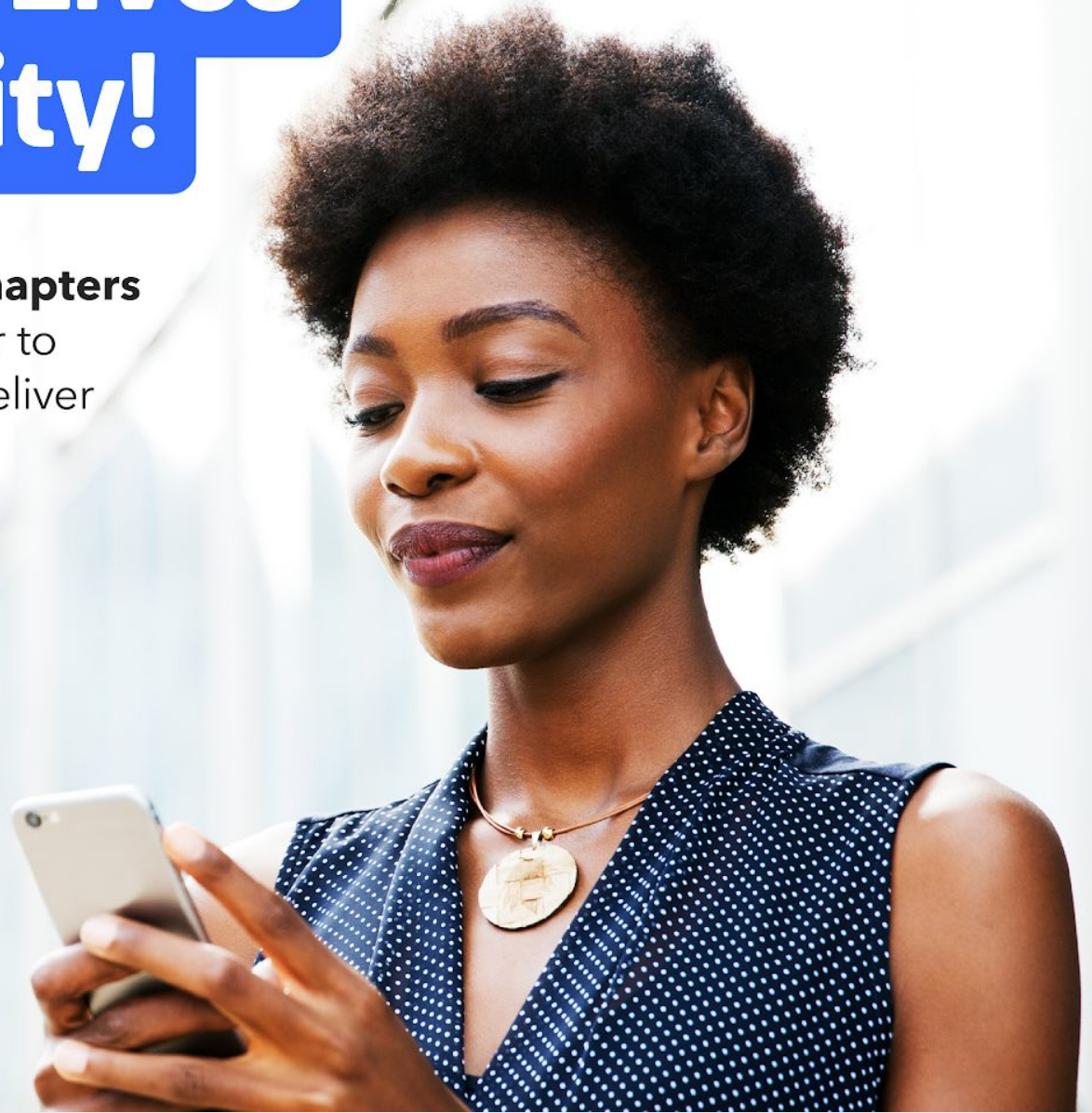
sfbayarea@afsp.org

My contact info

apratt@afsp.org



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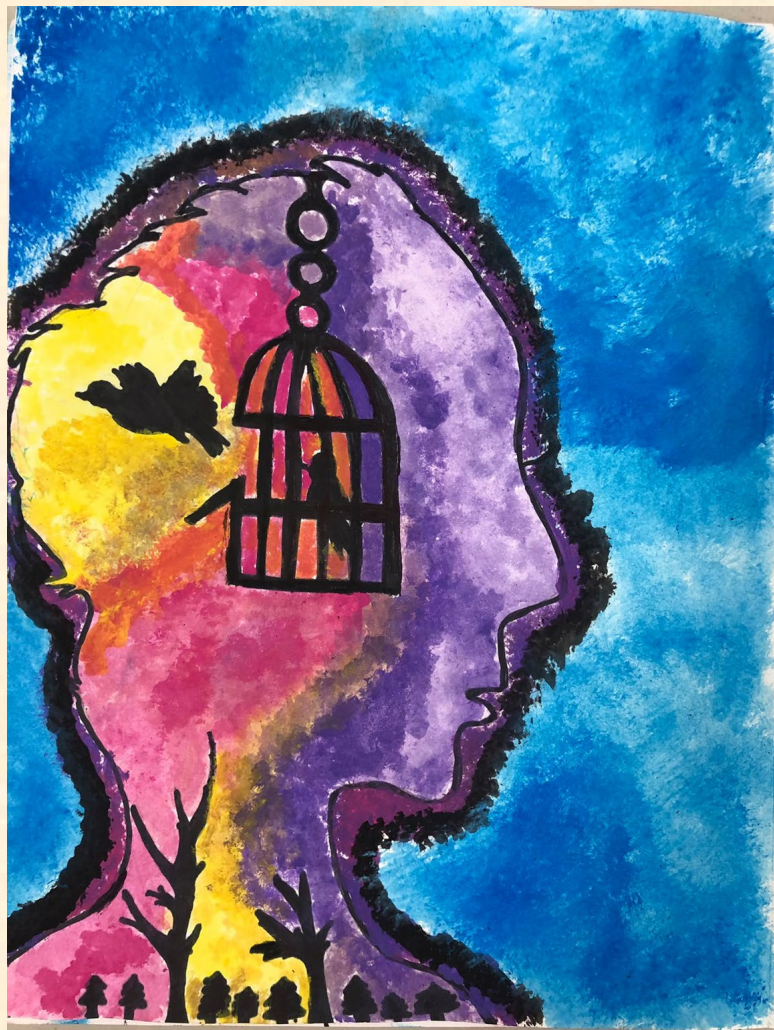


PC 07-14-2026

#4

Maitri presentation on
Domestic Violence Awareness
and Community
Resources

Presentations



Empowering South Asian Survivors
of Domestic Violence (DV)
in the Bay Area, since 1991

VISION

A society where all relationships are built on dignity, equity and compassion.

MISSION

Empower South Asian Survivors of Domestic Violence to lead lives of Dignity and Self-Sufficiency through Holistic Programs and enable Healthy Relationships and Gender Equity through Community Education, Engagement, and Advocacy.



35 Years of Transformative Work

- ❖ 63,000+ helpline calls answered
- ❖ 9,300+ survivors empowered
- ❖ Go-To Agency in the Bay Area South Asian community for gender-based violence issues
- ❖ Recognition by the mainstream as a leader of culturally competent and responsive services
- ❖ Innovative and holistic wrap-around programming

Recipient of Several Awards

- ❖ State of CA Senate Award for Community Service (2012)
- ❖ CPEDV Karen Cooper Lifetime Achievement Award to Maitri co-founder (2013)
- ❖ ICCSevaand Spirit Awards (2011 to 2016)
- ❖ Outstanding Advocates of the Year Awards (2015, 2018, 2021)
- ❖ ICC Inspire Award (2019)
- ❖ Non-profit of the Year (2023)
- ❖ Unsung Hero Award (2024)

What is Domestic Violence?

Domestic violence is a pattern of coercive, controlling behavior that can include physical abuse, emotional or psychological abuse, sexual abuse, or financial abuse.

National Network to End Domestic Violence (NNEDV) 2025 Report :

In a single day, 1,707 U.S. domestic violence programs served 84,146 victims, survivors, and their children.

Santa Clara County DV Statistics (July 2024 – June 2025):

A total of 23,460 hotlines calls answered.



CLIENT PROGRAMS

Crisis Intervention

Helpline

Legal Advocacy

Immigration Assistance

Peer Counseling

Maitri uplifts South Asian DV victims through culturally sensitive, holistic programs. Our primary focus is on survivors from Afghanistan, Bangladesh, Bhutan, India, Nepal, Pakistan, Sri Lanka and the Maldives.

Self Sufficiency

Mental Wellbeing

Economic Empowerment

Transitional Housing

Housing Stabilization

Additionally, Clients receive Financial Assistance and Language Support as needed



SIMI'S STORY

Simi had never worked in the US. Maitri helped with ESL classes, resume building, and coached her for job interviews

Maitri Housing team matched Simi with a county rental assistance program and helped her fill out the application.

Simi needed to get a restraining order. Maitri legal team helped with getting restraining order

LEGAL HELP



As the danger escalated, Simi needed to move out immediately, so a Maitri advocate provided her with shelter resources

CRISIS INTERVENTION



ECONOMIC EMPOWERMENT



Simi called the helpline in a domestic violence crisis; she received emotional support in Telugu and safety planning.

HELPLINE



HOUSING



Simi and her child received individual therapy to recuperate from the impact of domestic violence

MENTAL HEALTH



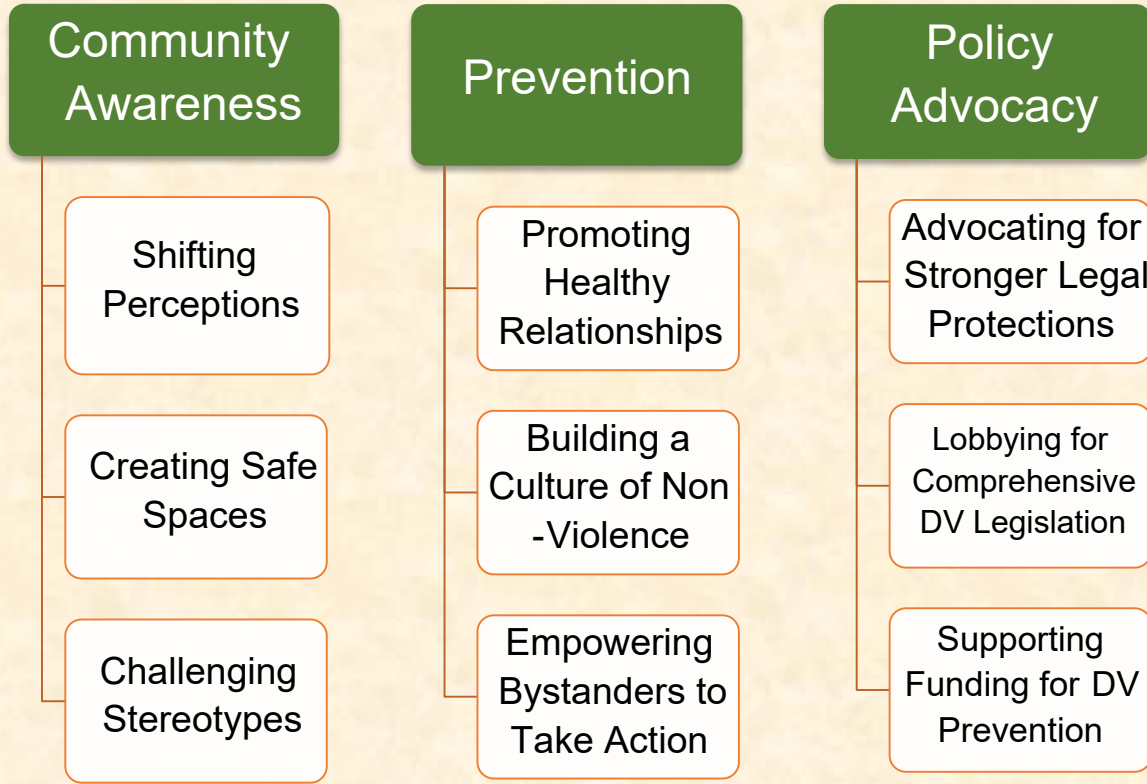
Simi's divorce impacted her dependent visa status, so Maitri helped her file immigration paperwork

IMMIGRATION HELP



Without this help, Simi would have continued to be in a dangerous situation today. Clients like Simi evaluate Maitri services positively in our annual evaluation surveys - 93% of surveyed clients report satisfaction with the support they received

COMMUNITY ENGAGEMENT/ ADVOCACY





Thank You!

Helpline:

1-888-862-4874/ (1-888-8MAITRI)

Em ail: maitri@maitri.org

Website: [http :// www.maitri.org](http://www.maitri.org)



Trauma-Informed
Gender Equity Dignity Reassurance
Holistic Safety Acceptance
Empower
Trust Confidentiality Empathy



PSC 07-09-2026

#5

Report by the Santa Clara
County Fire District

Presentations



CITY OF CUPERTINO

Public Safety Reports • June 2026

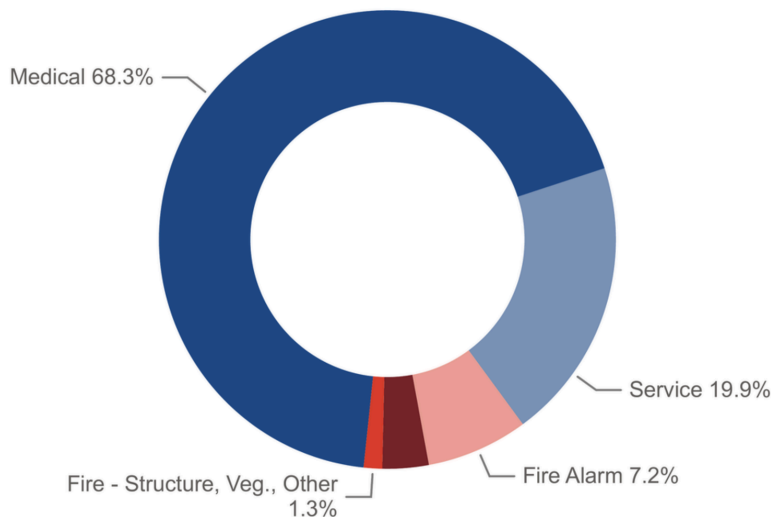


CUPERTINO

EMERGENCY AND SERVICE CALLS

Dispatched Incident Type	Incidents	Percentage (%)
Fire - Structure, Veg., Other	4	1.3%
Fire Alarm	22	7.2%
Hazardous Cond./Hazmat	10	3.3%
Medical	209	68.3%
Service	61	19.9%
Total	306	100.0%

CALL BREAK DOWN



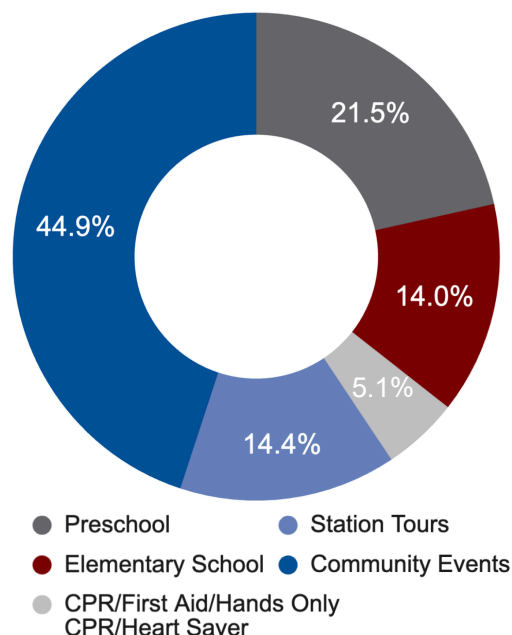
SIGNIFICANT INCIDENTS

No significant incidents occurred in this month.

COMMUNITY EDUCATION 5/1/26 - 6/30/26

CERRS Classes/Events/Presentations - Cupertino

Preschool	115
Elementary School	75
Middle/High School	0
Adult	0
CERT	0
CPR/First Aid/Hands Only CPR/Heart Saver	27
Station Tours	77
Community Events	240
Total Attendees	534





CITY OF CUPERTINO

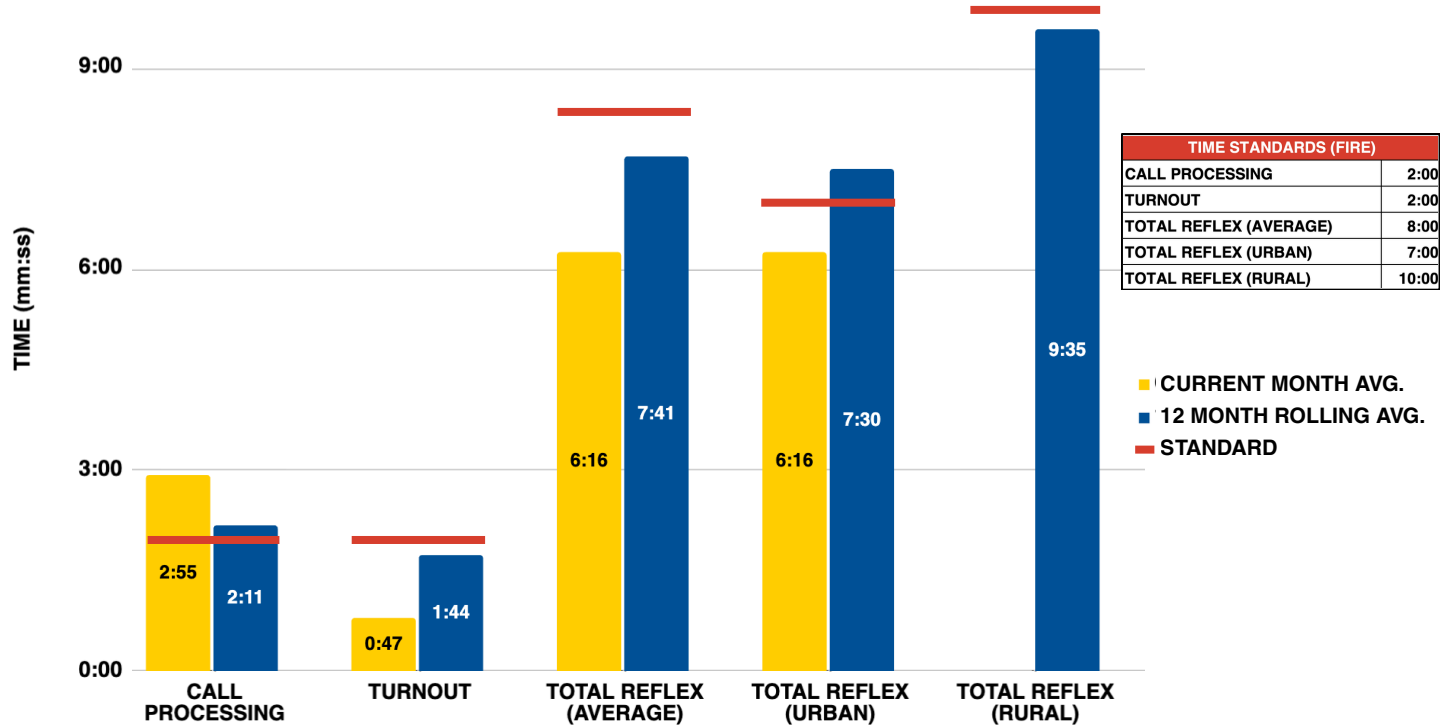
Public Safety Reports • June 2026



CUPERTINO

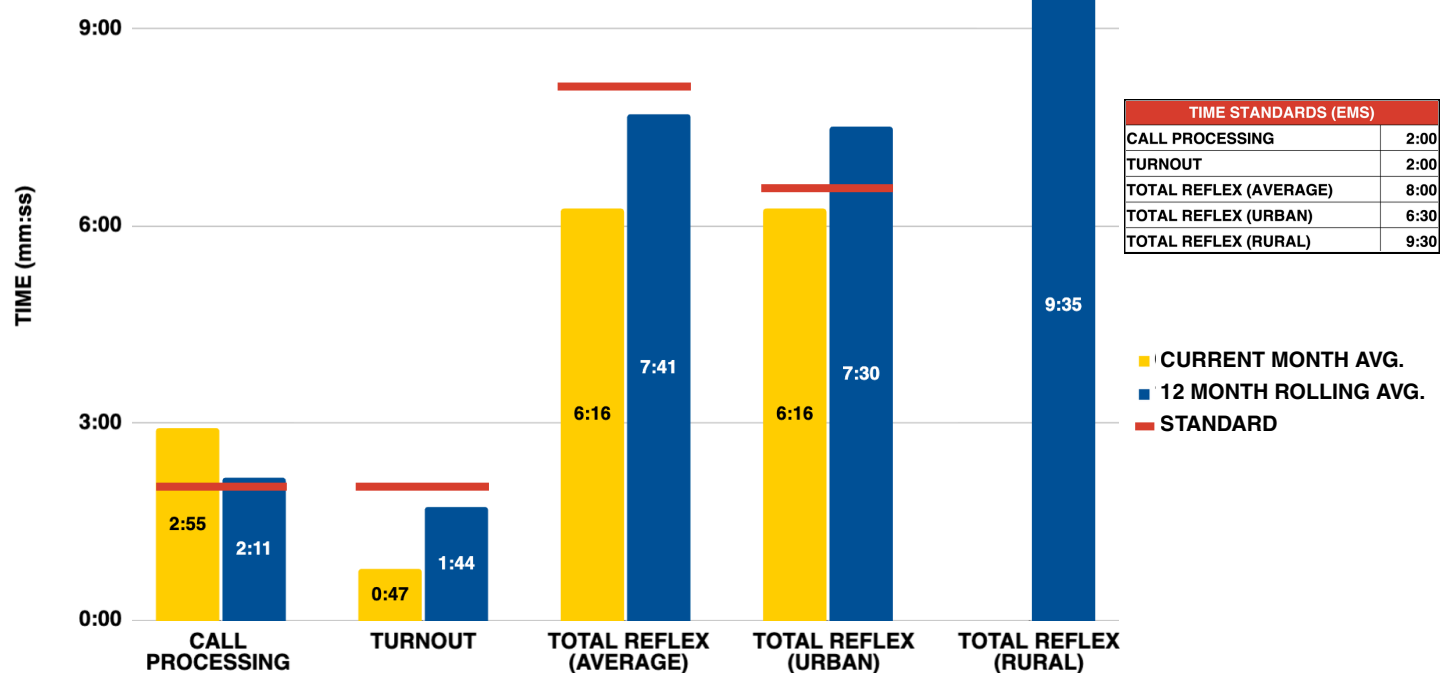
Average Time for Fire Responses

4 Fire Responses in June



Average Time for Fire Apparatus Responding to Medical Emergencies

207 Medical Responses in June



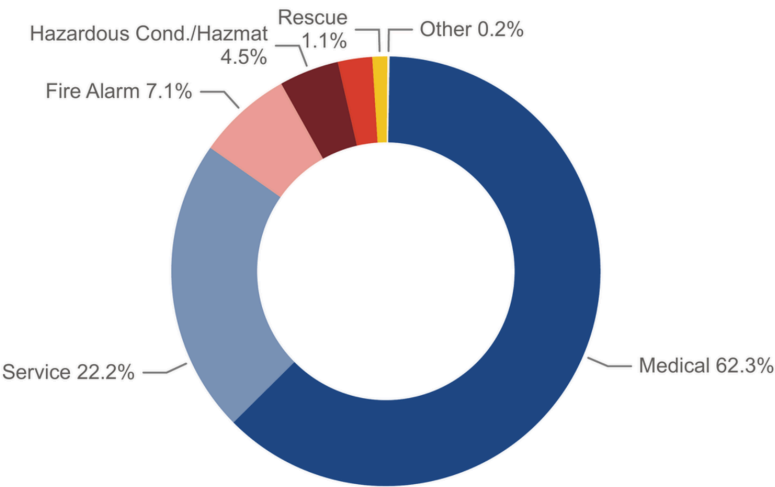


DEPARTMENT TOTAL RESPONSE STATISTICS

JUNE 2026

Number of Incidents by Type June 2026

Dispatched Incident Type	Incidents	Percentage (%)
Fire - Structure, Veg., Other	46	2.6%
Fire Alarm	127	7.1%
Hazardous Cond./Hazmat	80	4.5%
Medical	1,107	62.3%
Other	3	0.2%
Rescue	20	1.1%
Service	394	22.2%
Total	1,777	100.0%



Number of Incidents Year to Date Year Over Year - January to June

