

WOMEN'S LEADERSHIP & POLICY SUMMIT 2025

Youth & Young Adult Leadership Workshop

MORNING WORKSHOPS

10:00 - 11:45 AM

Lead: Amy Nguyen, Deputy Chief of Staff, Office of Supervisor Abe-Koga

Description: An empowering space for young women to grow confidence, develop leadership tools, and explore their role in social change. Participants will gain confidence, build peer connections, and explore their power as changemakers in schools, communities, and beyond.

You'll learn:

- Practical leadership and decision-making tools.
- Public speaking and advocacy confidence.
- How to turn passion into impact.



FOR FULL PROGRAM



MARGARET ABE-KOGA
SUPERVISOR, DISTRICT 5



WOMEN'S LEADERSHIP & POLICY SUMMIT

WOMEN LEADING CHANGE - FIERCE FUTURES: RISING TOGETHER

2025

Join Supervisor Betty Duong, San José State University, and the Valley Health Foundation for a day of unity, inspiration, and empowerment as women lead the way in shaping policy and driving positive change.

SATURDAY, OCTOBER 18, 2025



Start at 9am to 4pm

Registration opens at 8:30AM



San Jose State University, Student Union

1 Washington Sq, San Jose, CA 95192

SCAN ME to RSVP!



WORKSHOPS & ACTIVITIES INCLUDE:

- Find Your Mentor, Be a Mentor
- Women Leading Change: Grassroots Campaigns
- Immigration Policy & Advocacy 101
- Resume Building & AI Tools
- Take Charge of Your Personal Brand and Career
- The Power of Joy and Wellness to Prevent Burnout
- AND MORE!!

valleyhealthfoundation.org/wlps2025

For more information, please contact Ly Vo:
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